

Related Resources

Trauma: What Can I Do?



Top Resources

1

NYC Schools: School Survey Results

Go here to learn about NYC's yearly school survey completed by parents, educators, and students or to obtain survey results from years past.

<https://www.schools.nyc.gov/about-us/reports/school-quality/nyc-school-survey>

2

CDC: School Health Index Self-Assessment and Planning Guide for Schools

Want to know how you can improve your school's health and safety policies and programs? Use the CDC's School Health Index tool to identify strengths and weaknesses, create an action plan, and obtain parent, teacher, and student engagement tips.

<https://www.cdc.gov/healthyschools/shi/index.htm>

3

Teaching Tolerance: School Climate Questionnaire for Schools

Assess your school's climate with the School Climate Questionnaire. Map out social divisions in school and the community.

<https://www.tolerance.org/professional-development/examining-your-schools-climate>

4

NYC Schools: Materials for Students in Temporary Housing

Students who are homeless or have temporary housing have educational rights. Get answers to your questions and resources from the Students in Temporary Housing unit within the Office of Safety and Youth Development.

<https://www.schools.nyc.gov/school-life/special-situations/students-in-temporary-housing>

5

The National Child Traumatic Stress Network: Resources for School Personnel

Get resources from the National Child Traumatic Stress Network for school personnel on child trauma, psychological first aid, bullying awareness and prevention, school resources, and speaker series.

<https://www.auntbertha.com/>

6

Lesley University: Trauma Sensitive School Checklist

Is your school have a trauma sensitive environment? Fill out the Trauma Sensitive School Checklist from Lesley University.

<http://www.lesley.edu/sites/default/files/2017-06/trauma-sensitive-school-checklist.pdf>

7

Lesley University: Trauma Sensitive Online Survey for School Teams

Complete this checklist with your school team to begin planning and creating a trauma-sensitive environment in school.

https://lesley.co1.qualtrics.com/jfe/form/SV_8wCypfpxwQargm9

8

Casel Guide: Social and Emotional Learning Programs for Preschools and Elementary Schools

Learn about incorporating social and emotional learning in your school through this guide's programmatic framework. Best-practice guidelines and implementation recommendations are included.

<http://casel.org/wp-content/uploads/2016/01/2013-casel-guide-1.pdf>

9

NYS-TEACHS: Strategies for School Success

Use the Matrix of School Success Framework Strategies for creating a safe and supportive school environment, fostering secure attachments, and strengthening social-emotional learning.

https://nysteachs.org/wp-content/uploads/2018/09/INF_SS_MatrixOfTraumaSensitiveStrategies_090718.pdf

10

Aunt Bertha: Find Services in Your Community

Search for free or reduced cost services in your neighborhood. Locate health, food, and education services on Aunt Bertha.

<https://www.auntbertha.com/>

11

Massachusetts Advocates for Children: Creating Trauma Sensitive Schools

Provides resources and framework for implementing trauma-sensitive practices in schools.

<https://traumasensitiveschools.org/get-involved/creating-trauma-sensitive-schools/>

Related Resources

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Additional Resources

Teaching Tolerance: School Climate Resources

<https://www.tolerance.org/moment/school-climate-resources>

Mass DOE: Guidelines on Implementing Social and Emotional Learning (SEL) Curricula

NCSTN: Addressing Race and Trauma in the Classroom: A Resource for Educators

<https://www.nctsn.org/resources/addressing-race-and-trauma-classroom-resource-educators>

Annie Casey Foundation: Parent Engagement Planning Tool for Schools

<https://www.aecf.org/resources/engaging-parents-developing-leaders/>

Traumatic Stress Institute/Center for Adult & Adolescent Psychotherapy (TSI/CAAP): Self-Care Assessment Worksheet

https://www.wendtcenter.org/wp-content/uploads/Wellness_Assessment.pdf

Changing Minds: Childhood Trauma Resources

<https://changingmindsnow.org/>

Trauma Sensitive Schools: Helping Traumatized Students Learn

<https://traumasensitiveschools.org/tlpi-publications/>

School Climate Improvement Package

<https://safesupportivelearning.ed.gov/scirp/about>

Morningside Center for Teaching Social Responsibility: Classroom Lessons

<https://www.morningsidecenter.org/>

Playworks: Recess and Play Programs

<https://www.playworks.org/>

Sesame Street: Traumatic Experiences Resources for Kids

<https://sesamestreetincommunities.org/topics/traumatic-experiences/>

Understanding Trauma: Learning Brain vs. Survival Brain

<https://www.youtube.com/watch?v=KoqaUANGvpA>

Echo Parenting and Education: Do's and Don't of a trauma-informed compassionate classroom

http://www.echoparenting.org/dev/wp-content/uploads/2017/02/Echo_TIC.pdf

American Counseling Association: Vicarious Trauma Fact Sheet

<https://www.counseling.org/docs/trauma-disaster/fact-sheet-9---vicarious-trauma.pdf?sfvrsn=2>

Echo Parenting and Education: Trauma-Informed Arrow

https://www.echoparenting.org/dev/wp-content/uploads/2018/08/Echo_Arrow_Print_8x11.pdf

National Association for the Education of Young People: Coping with Stress and Violence

<https://www.naeyc.org/resources/topics>